

WILLIE TINGAI

Position: Material Coordinator, Barge Administration, Marine Coordinator, Logistics, Crewing, Human Resource and Business Development

PERSONAL DETAILS

IC No:	880327-52-6353	Race:	Saban
Address:	Lot 11869 Lorong Budaya	Total	12 years
	2D, Taman Jelita Taman	Experience:	
	Tunku, 98000 Miri,		
	Sarawak		
Contact No:	016-8622101	Availability:	1 Week notice
Email:	chergreaveswillie@gmail.com	Next of Kin/	Son Tingai/ Sibling
		Relationship:	
Coverall/ Shoes:	L/41	Contact No:	012-895 7858

EDUCATION BACKGROUND

Institutions	Duration	Qualification
University Malaysia Sabah	2008-2011	Bachelor of Social Science with Honours Industrial
(UMS- Kota Kinabalu, Sabah)		Relations
SMK Marudi, Baram, Sarawak	2006-2007	STPM- Geography
SMK Temenggong Datuk	2001-2005	SPM- Sastera
Lawai Jau, Ulu Baram		
SK Long Banga/ SK Bario	1995-2000	UPSR

MEDICAL, COURSE AND TRAINING

Descriptions	Date Attended	Expiry Date
Offshore Medical	27/02/2024	27/02/2025
Marine Medical	02/12/2024	01/12/2026
Seaman Book	03/12/2024	N/A
Seaman Card	03/12/2024	02/12/2029
TBOSIET-CAEBS	06/03/2024	07/03/2028
H2S	09/03/2024	08/03/2026
PCSB PTW Level 1 Awareness	19/03/2024	19/03/2027
(Contractors)		
CCC Card (PETRONAS)	N/A	21/03/2026
OSP Card (PETRONAS)	N/A	27/02/2025

EMPLOYMENT BACKGROUND

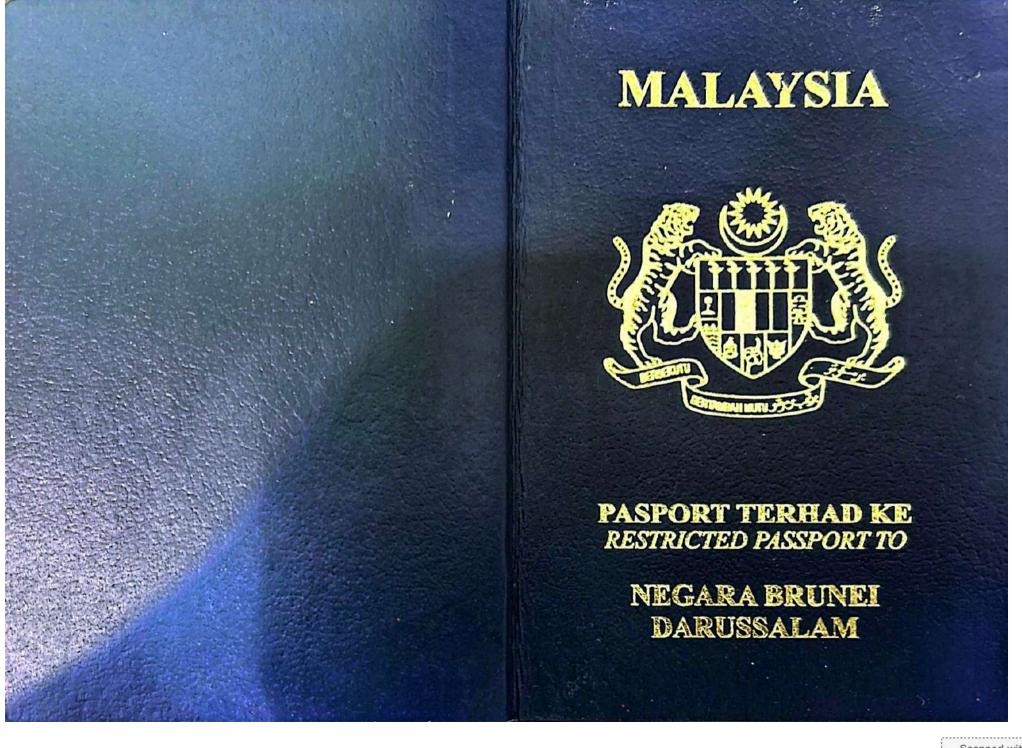
Company	Position	Duration/ Project Location	Onshore/Offshore
MMHE (Rollover Crew- Sealane	Barge Admin,	2023- November 2024/	Offshore
Shipping Sdn Bhd)	MATCO and logistics	Bokor CPP/Kasawari	
		CPP	
Press Metal Bintulu Sdn hd	HR, Senior Executive	2022-April 2023	Onshore
Freelander Tech international Sdn	HR/ Crewing	May 2019- 2021	Onshore
Bhs	Manager		
Petra Marine	Senior Crewing	2019- May 2019	Onshore
	Executive		
Neopetro Sdn Bhd	Crewing Executive	2014-2018	Onshore
Sribima Shipping Sdn Bhd	Crewing Executive	2011-2014	Onshore
SK Long Banga	Temporary Teacher	Jan 2008-March 2008	N/A

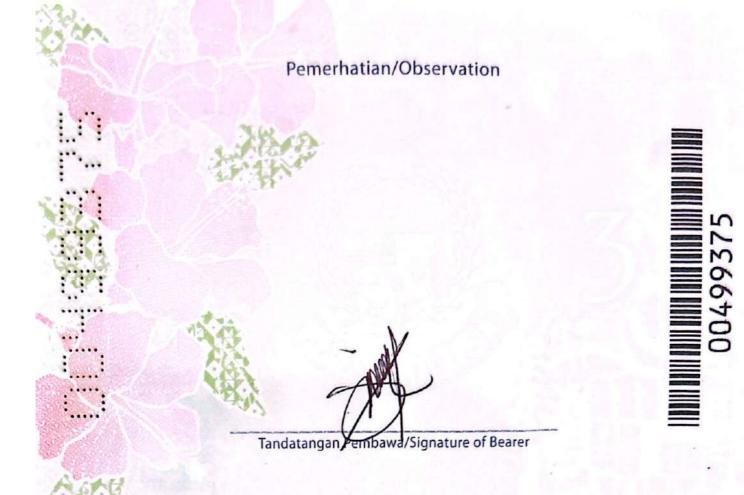
REFERENCE

Name	Company	Position	Contact No.
Khairul Asnoor bin Abdullah	MMHE	OTL	+60 12-709 4343
Hj Saifullah Bin Hamzah	MMHE	Logistics Coordinator	+60 13-720 2617
Jolly Tagong	Neopetro Sdn Bhd	Operations Director	+60 13-839 2877
Agan Maran	Freelander Tech	Director	+60 12-315 8535
	international Sdn B		
	hd		
Nina Anak Meling	Press Metal Bintulu	Public Relations	+60 19-877 2266
		Manager	
Stephen Morgan	Petra Marine	Technical Lead	+60 19-887 4688









MALAYSIA

Passport / Passport

Jenis / Type
PB

Kod Negara / Country Code MYS No. Pasport / Passport No. K00499375



Nama / Name WILLIE TINGAI

Warganegara / Nationality
MALAYSIA

Tarikh Lahir / Date of Birth

27 MAR 1988

Jantina / Sex

L-M

Tarikh Dikeluarkan / Date of Issue 26 DEC 2023

Pejabat Pengeluar / Issuing Office

UTC MIRI

No. Pengenalan / Identity No. 880327526353

Tempat Lahir / Place of Birth SARAWAK

Tinggi / Height 167 cm

Tarikh Tamat / Date of Expiry 26 DEC 2028

No. Kawalan / Control No.

0006278



UNIVERSITI MALAYSIA SABAH



hereby confers upon

WILLIE TINGAI

having fulfilled all the requirements as prescribed in the Statutes of the University

BACHELOR OF SOCIAL SCIENCE WITH HONOURS

(INDUSTRIAL RELATIONS)

Class Two: II

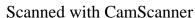
on the 26th of November 2011 being the 30th of Zulhijjah 1432AH

Vice Chancellor

Dean

Registrar

UMS: 130998





UNIVERSITI MALAYSIA SABAH

Beg Berkunci 2073, 88999 Kota Kinabalu, Sabah, Malaysia Locked Bag 2073, 88999 Kota Kinabalu, Sabah, Malaysia

NAME

: WILLIE TINGAL

IC/PASSPORT NO

880327526353

SCHOOL

SCHOOL OF SOCIAL SCIENCE

STUDENT NO

BA08110188

PROGRAMME CODE

: HA12

PROGRAMME

: INDUSTRIAL RELATIONS

SEMESTER 1 SESSION 2010/2011

CDA

2.81

CGPA

2.74

CODE	COURSE	GRADE	REPEAT
AH30103	CONSULTATION STRATEGY AND ARBITRATION	C+	
AH30303	COMPARATIVE STUDIES IN INDUSTRIAL RELATIONS	В	
AH30903	INDUSTRIAL INFORMATION MANAGEMENT SYSTEM	В	
AH30703	LABOUR ORGANIZATION TRANSITION	В	
AH30503	TRAINING AND DEVELOPMENT	B+	
FZ20303	FORESTRY AND COMMUNITY	C	
FZ20503	FORESTRY POLICIES AND MANAGEMENT	В	
	SEMESTER 2 SESSION 2010/2011		
	GPA : 3.19 CGPA : 2.82		
CODE	COURSE	GRADE	REPEAT
AH31106	PRACTICAL TRAINING/THESIS	A-	
AH30803	WAGES MANAGEMENT AND COMPENSATION	В	
AH31003	THE DYNAMICS OF LABOUR RELATIONS AND CONTEMPORARY ISSUES	B-	
AH30403	INTERNATIONAL HUMAN RESOURCES MANAGEMENT	В	
AH30203	LABOUR ISSUES	B+	
FZ20603	ENVIRONMENT ISSUES IN FOREST INDUSTRY	В	

END OF TRANSCRIPT

CUMULATIVE GRADE POINT AVERAGE

2.82

DEGREE AWARDED

: BACHELOR OF SOCIAL SCIENCE WITH HONOURS (INDUSTRIAL RELATIONS)

CLASS

: TWO : II

MEJ. (K) DATUK ABDULLAH HJ. MOHD. SAID REGISTRAR

UNIVERSITI MALAYSIA SABAH Print Date: 25/11/2011

Official Transcript

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REPEAT

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REPEAT



UNIVERSITI MALAYSIA SABAH

Beg Berkunci 2073, 88999 Kota Kinabalu, Sabah, Malaysia Locked Bag 2073, 88999 Kota Kinabalu, Sabah, Malaysia

NAME

: WILLIE TINGAL

IC/PASSPORT NO

2.81

880327526353

SCHOOL

: SCHOOL OF SOCIAL SCIENCE

STUDENT NO

BA08110188

PROGRAMME CODE

: HA12

PROGRAMME

: INDUSTRIAL RELATIONS

SEMESTER 1 SESSION 2008/2009

2.81

CGPA

Gi

CODE COURSE GRADE UW00102 ETHNIC RELATIONS AH10103 INTRODUCTION TO INDUSTRIAL RELATIONS C AT10103 INTRODUCTION TO SOCIAL SCIENCE C+ AT10303 CONTEMPORARY ISSUES IN SOCIAL SCIENCES B+ ES00403 SOCCER UB00102 COMMUNICATIVE ENGLISH GRAMMAR C+ UC00302 NEGOTIATION SKILLS

SEMESTER 2 SESSION 2008/2009

GPA : 2.61 CGPA : 2.71

CODE COURSE GRADE UE00402 INTRODUCTION TO ETHICS D UW00202 ISLAMIC AND ASIA CIVILIZATION B+ UK00602 ARTS APPRECIATION UB00202 ORAL COMMUNICATION IN ENGLISH AT10203 INTRODUCTION TO SOCIAL RESEARCH METHODS AT10403 METHODOLOGI OF ACADEMIC WRITINGS B+ AH10203 HISTORY OF LABOUR IN MALAYSIA

SEMESTER 1 SESSION 2009/2010

GPA : 2.58 CGPA : 2.67

CODE COURSE GRADE READING AND WRITING IN ENGLISH UB00302 ICT FOR SOCIAL SCIENCES AT20103 HUMAN RESOURCES MANAGEMENT AH20703 B. INDUSTRIAL SAFETY AND HEALTH AH20503 B DATA ANALYSIS AND ORGANIZATION BEHAVIOUR AH20303 В SOCIOLOGY OF INDUSTRY AA20503 B-ORGANIZATION COMMUNICATION AH20103

SEMESTER 2 SESSION 2009/2010

GPA : 2.85 CGPA : 2.73

CODE COURSE GRADE PARK MANAGEMENT AND OUTDOOR RECREATION FZ20403 B+ INRODUCTION TO FOREST RESOURCES FZ20103 AH21003 INDUSTRIAL RELATION RESEARCH METHOD C+ AH20403 PRODUCTION MANAGEMENT AND INDUSTRIAL RELATIONS AH20603 POLITICAL ECONOMY OF INDUSTRIAL RELATIONS В AH20203 AH20803 INDUSTRIAL RELATIONS IN MALAYSIA ACADEMIC READING AND WRITING C-FUNDAMENTALS OF ENTREPRENEURIAL ACCULTURATION

Page 1 of 2



This is to certify that

WILLIE TINGAI IC/Passport: 880327-52-6353

Has been successfully assessed against and met the learning outcomes of

TROPICAL BASIC OFFSHORE SAFETY INDUCTION & EMERGENCY TRAINING WITH CA-EBS AND TRAVEL SAFELY BY BOAT (OPITO APPROVED COURSE, CODE 5509)

The course covers modules on Safety Induction, Helicopter Underwater Escape Training (HUET) with CA-EBS, Sea Survival & First Aid, Fire Fighting & Self Rescue and **Boat Transfer**

Held On

06/03/2024 - 08/03/2024

Instructor

Director

Certificate number: 45295509080324017 Valid Until: 07/03/2028

IGTC Sdn. Bhd. In Partnership with IG Training Centre Sdn. Bhd.

Add: Lot 11619, Block 5, Jalan Jatl 2C, Desa Senadin, Phase 4, 98000 Miri, Sarawak, Malaysia. Tel: +6 085 646 179 / +6 085 646 197 Fax: +6 085 645 197 Website: www.lgtrainingcentre.com

Email: booking@igtrainingcentre.com





This is to certify that

Willie Tingai

attended a course at IGTC Sdn Bhd In Partnership with IG Training Centre
Sdn Bhd

and has been assessed against, and met the outcomes of, the following OPITO-approved standard:

Basic H2S Training

9014

Awarded on 9th March 2024

Expiry Date 8th March 2026 Unique Certificate No OPITOmmPVjqqqC6 OPITO Learner No L02030100

Ju Mutorall

John McDonald Chief Executive Officer

Tel: +60 85 646 179 | +60 85 646 197



Web: www.igtrainingcentre.com

Email: booking@igtrainingcentre.com

OFFSHORE AND REMOTE ONSHORE MEDICAL FITNESS CERTIFICATE

Full Name: WILLE TIMEA! DOB: 27 Mar 1988 ID No: 800327563838 Tel No: Occupation: Crewing Coordinator Date: 27 Feb 2024 Company: Sea Lane Shipling StB B: Type of Examination Pitiet/ Ranewal C: Type of Evaluation G: General Work (Other than specific job) St Catering Crew S 2 Confined Space Worker S 2 Confined Space Worker S 3 Crare Operators S 4 Electrical Worker S 5 Emergency Response Team (ERT) S 6 Respirator Protective Squipment User S 7 Working at Height VI Visitor D: Fitness to Work Status The above personnel has been essessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' Issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C Richers Stofows. 1 1. Fit with no restrictions. Valid until (dd/mm/yy) Z (a). Fit with Validity Restriction Only (dd/mm/yy) The ampleyee is fit for above work but should avoid the following tasks: Work near moving matchinery or sharp edges Working at height Q certs motor vehicles or heavy matchinery Use a respirator Repeative behaling of valves or wranches These task restrictions are Permanent 3. Not Fit To Work E: Approved Medical Examiner's Details WM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN BPM AME Name: Subramania BPM AME N	A: Pers	onnel Data		
District 27 Feb 2024 Date: 27 Feb 2024 Sea Lane Shipping S/B SType of Examination Prittel/ Renewal C: Type of Evaluation G: General Work (Other than specific job) S1 Catering Crew S2 Confined Space Worker S3 Crane Operators S4 Electrical Worker S5 Emergency Response Team (ERT) S6 Respirator Protective Equipment User S7 Working at Height V1 Visitor D: Fitness to Work Status The above paraconnel has been assessed in accordance to the 'Quidelines on Medical Assessment of Frinces to work for Offshore & Rennote Onshere Workers' issued by Melaysia Peroleum Management and the fitness to work status for evaluation listed in Section C kince of Uniform Vorkers' issued by Melaysia Peroleum Management and the fitness to work status for evaluation listed in Section C kince of Uniform Vorkers' issued by Melaysia Peroleum Management and the fitness to work status for evaluation listed in Section C kince so follows. 1 1. Fit with no restrictions. Valid until (dc/mm/yy) 2 (a). Fit with Task Restriction Only (dd/mm/yy) 27 Feb 2025 2 (b). Fit with Task Restriction C box work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operator modor vehicles or heavy machinery Use a respirator Pereptitive dwisting of valves or wrenches These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN ALL RM PALANIAPPAN MPM	Full Name:	WILLIE TINGAL		DOB: 27 Mar 1988
Date: 27 Feb 2024 Company: Sea Lares Shipping S/B B: Type of Examination	ID No:	880327526353	Tel No:	
C: Type of Evaluation G General Work (Other than specific job) S1 Catering Orew S2 Confined Space Worker S3 Crane Operators S4 Electrical Worker S5 Emergency Response Team (ERT) S6 Respirator Protective Equipment User S7 Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been essessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' Issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C sisters inflows. 1. Fit with no restrictions. Valid until (dd/mm/yy) 27 Feb 2025 2(a). Fit with Task Restriction, Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Use a respirator Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details WPM AME Namo:SUBRAMANIAN ALEM PALANIAPPAN WPM AME Namo:SUBRAMANIAN ALEM PALANIAPPAN WPM AME Not-WPM AMEGOS Address:Lot 1035-1039, Jalan Bulan Sabit, Mit, Sarawak Sarawak Fotio86437755 Date: The Date of Examiner of the Sarawak Sarawak Fotio86437755 Date: The Sarawak Sarawak Fotio86437756	Date:	27 Feb 2024	Company:	
S General Work (Other than specific job) S1 Catering Orew 9 22 Confined Space Worker S3 Crane Operators Sk Electrical Worker S5 Emergency Response Team (ERT) S5 Respirator Protective Equipment User S7 Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the 'Guidelines on Medical Assessment of Fitness to work for Offshore & Ramote Onshore Workers' Issuad by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C solare as follows. 1 1. Fit with no restrictions. Valid until (dd/mm/yy) 2 (a). Fit with Validity Restriction Only (dd/mm/yy) 27 Feb 2025 2 (b). Fit with Task Restriction, Valid until (dd/mm/yy) The amployee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Que a respirator General Work Personal Assistance or Permanent These task restrictions are Permanent These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details WPM AME Name: SUBRAMANIAN ALL RM PALANIAPPAN MPM AME No. No. MPM AME 033 Address: Lot 1035-1039, Jalan Bulan Sabit, Mrit, Sarawak Sarawak Fet: 06437755 Date: 27 Feb 2024	B: Type	of Examination	Initial/ Re	newal
S1 Catering Crew 32 Confined Space Worker 33 Crane Operators S4 Electrical Worker 55 Emergency Response Team (ERT) 56 Respirator Protective Equipment User 57 Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C isfare as follows. 1 1. Fit with no restrictions. Valid until (dd/mm/yy) 2 (a). Fit with Validity Restriction. Valid until (dd/mm/yy) 1 2 (b). Fit with Validity Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Use a respirator Determined the start restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIANAL RM PALANIAPPAN APM AME Norther AMEO38 Address: Lot 1035-1039, Jalen Bulan Sabit, Mit, Sarawak Sarawak Fel:086437755 Date: 27 Feb 2024	C: Type	of Evaluation		
S2 Confined Space Worker S3 Crane Operators S4 Electrical Worker S5 Emergency Response Team (ERT) S6 Respirator Protective Equipment User S7 Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the "Guidellines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C islade as follows. 1 1. Fit with no restrictions. Valid until (dd/mm/yy) 2 (a). Fit with Task Restriction. Valid until (dd/mm/yy) 27 Feb 2025 2 (b). Fit with Task Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving meschinery or sharp edges Working at height Operate motor vehicles or heavy machinery Pull push carry weight over KG Use a respirator Protection of Valides of Valid	☑ G Gen	eral Work (Other than specific job)	· · · · · · · · · · · · · · · · · · ·	
S Crane Operators S Electrical Worker S Emergency Response Team (ERT) S Respirator Protective Equipment User S T Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the 'Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C is/are as follows. 1. Fit with no restrictions. Velid until (dd/mm/yy) 2(a). Fit with Validity Restriction Only (dd/mm/yy) 27 Feb 2025 2(b). Fit with Validity Restriction. Velid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Operate motor vehicles or heavy machinery Use a respirator Repetitive twisting of velves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details WPM AME Name: SUBRAMANIAN AL RM PALANIAPPAN MPM AME No: MPM AME:038 Address:Lot 1035-1039, Jalan Bulan Sabit, Mirt, Sarawak Sarawak Tel:065437755 Date:27 Feb 2024	S1 Cat	ering Crew		
S Electrical Worker S Emergency Response Team (ERT) S Respirator Protective Equipment User S T Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been essessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers" issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C isfare as follows. 1. Fit with no restrictions. Valid until (dd/mm/yy) 2(a). Fit with Task Restriction. Valid until (dd/mm/yy) 27 Feb 2825 2(b). Fit with Task Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Use a respirator Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME No: MPM AME038 Address: Lot 1035-1039, Jalen Bulan Sabit, Mirl, Sarawak Sarawak Tel:065437756 Date: 27 Feb 2024	S2 Cor	nfined Space Worker		
S5 Emergency Response Team (ERT) S6 Respirator Protective Equipment User S7 Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C isfare as follows. 1 1. Fit with no restrictions. Valid until (dd/mm/yy) 2(a). Fit with Validity Restriction Only (dd/mm/yy) 27 Feb 2025 2(b). Fit with Validity Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Use a respirator Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details WPM AME Name: SUBRAMANIAN AL RM PALANIAPPAN MPM AME No: MPM AMEGOS Address: Lot 1035-1039, Jalan Bulan Sabit, Mirt, Sarawak Sarawak Fel:065437755 Date: 27 Feb 2024	S3 Cra	ne Operators		
See Respirator Protective Equipment User So Working at Height V1 Visitor D: Fitness to Work Status The above personnel has been assessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers' issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C Starce as follows. 1. Fit with no restrictions. Valid until (dd/mm/yy) 2 (a). Fit with Yaldity Restriction Only (dd/mm/yy) 27 Feb 2825 2 (b). Fit with Task Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moving machinery or sharp edges Working at height Operate motor vehicles or heavy machinery Pull push carry weight over KG Use a respirator Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME No: MPM AME038 Address:Lot 1035-1039, Jalan Bulan Sabit, Mirt, Sarawak Sarawak Fel: 065437755 Date: 27 Feb 2024	S4 Elec	ctrical Worker		
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D: Fitness to Work Status The above personnel has been assessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers" issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C is/are as follows. 1. Fit with no restrictions. Velid until (dd/mm/yy) 2(a). Fit with Task Restriction. Only (dd/mm/yy) 27 Feb 2025 2(b). Fit with Task Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Work near moting machinery or sharp edges Operate motion vehicles or heavy machinery Use a respirator Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME No: MPM AME038 Address: Lot 1035-1039, Jalan Bulan Sabit, Miri, Sarawak Sarawak Fel: 065437755 Date: 27 Feb 2024		•		
The above personnel has been assessed in accordance to the "Guidelines on Medical Assessment of Fitness to work for Offshore & Remote Onshore Workers" issued by Malaysia Petroleum Management and the fitness to work status for evaluation listed in Section C is/are as follows. 1. Fit with no restrictions. Valid until (dd/mm/yy) 2 (a). Fit with Validity Restriction Only (dd/mm/yy) 27 Feb 2025 2 (b). Fit with Task Restriction. Valid until (dd/mm/yy) The employee is fit for above work but should avoid the following tasks: Working at height Operate motor vehicles or heavy machinery Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN WIPM AME 038, Jalan Bulan Sabit, Mirt, Sarawak Sarawak Fel:065437755 Date: 27 Feb: 2024	U V1 Visit	tor ,	•	
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Work near moving machinery or sharp edges				wîng tasks:
Use a respirator Others (Specify): Repetitive twisting of valves or wrenches These task restrictions are Permanent These task restrictions are Temporary 3. Not Fit To Work E: Approved Medical Examiner's Details WPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN WPM AME No: MPM AME038 Address: Lot 1035-1039, Jalan Bulan Sabit, Mirl, Sarawak Sarawak Tel: 085437755 Date: 27 Feb 2024				····
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E: Approved Medical Examiner's Details MPM AME Name: SUBRAMANIAN A/L RM PALANIAPPAN MPM AME No: MPM AME038 Address: Lot 1035-1039, Jalan Bulan Sabit, Miri, Sarawak Sarawak Tel: 085437755 Date: 27 Feb 2024	Thes	e task restrictions are Permanent		These task restrictions are Temporary
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Tel:085437755 Date:27 Feb 2024			ri, Sarawak Sarawa	ak
Cert. No: 03800380195		_		W-T-4/M-19-14
				Cert. No: 03800380195

NOTE: MPM does not recognize this physical form as reference of medical fitness status for OSP card issuance.

FORM C ~ OFFSHORE AND REMOTE ONSHORE MEDICAL ASSESSMENT FORM

SECTION 1 - TO BE COMPLETED BY EMPLOYEE (PERSONAL INFORMATION, HEALTH DECLARATION AND CONSENT)

A. Wo	orker Details				, ····· AND ·	
Name	WILLTE	TREAT		NRIC / Passport	88327 -52-686	33 一
Company & Ad	dress Sea LA	NG SHIPPI	NO STE	Age Occupation	36 CREPOING CROPDINA	69
Date of examina Place of examin		27-2-20 CAym	524	Race	SALAN	
Name & Addres	ss of	(ngrr	· <u>"</u>	Sex	Male [V	nale
personal physic	cian <u>-</u>					
List your last 3 j	jobs 1, -		2.		3.	
				ar.		
B. Type of exan		— .,	Initial/Renewal		Refurn to work	
C. Type of E	valuation for Offs	shore & Remo	ote Onshore (As p	oer Employer Letter	Anstruction)	
	G General work (b Specific)			
	S1 Catering Crew				gency Response Team (ERT)	
	S2 Confined Spaces S3 Crane Operate				rator Protective Equipment User	
	S4 Electrical Work				ng at Height	
				□ V1 Visitor	•	
			_			
		-				
YOU HAVE OR	HAVE YOU HAD : (T	lick 'Yes' or 'No')				

Description	Υ	N	Description	Y	N	Description	Ţγ	
1. Sinus trouble		/	22.Cancer	'-	7	Have you ever been:-		1
2.Neck swelling / gland	Ţ-	A	23.Heart disease		/	43.Rejected for employment or insurance	Τ	٦,
3.Difficulty in vision	\top	/	24.Rheumatic fever		1	44.Awarded benefits for Industrial injury/ illness		/
4.Any ear discharge		1	25.Abnormal heartbeat		1	45.Treated for problem of mental condition		\pm
5.Bronchial Asthma / Bronchitis		/	26.High blood pressure		/	46. Treated for problem of alcohol or drug		₭.
6.Hay lever / Other allergy		/	27.Stroke		7	47.Exposed to toxic substances or noise		+
7. Any skin trouble		/	28.Serious chest pain	T		WOMAN ONLY, Have you ever had:-		
8. Tuberculosis		1	29.Any blood disease		1	48.Abnormal Pap smear	Τ.	7/
9.Coughed / Vomited blood		/	30 Painful passage of urine			49.Any gynecological condition / treatment	1	1
10.Severe abdominat pain		/ /	31.Blood in urine	Τ 1	_	50.Are you pregnant	4	+
11.Stomach Ulcer		/	32.Diabetes	$\vdash \dashv$	1	Will you be doing any of these specific activities;		
12.Recurrent indigestion			33.Headache / Migraine		Ź	51.Crane Operators		Τ.
13.Jaundice or hepatitis	 		34.Dizziness / fainting	\Box	_ _	52.Users of Breathing Apparatus		-/-
14.Gali Bladder disease		7	35.Epilepsy		7	53.Catering Crew		+
15.Marked change in bowel habits			36.Joint/spinal trouble		_/_	54.Confine Space Entry	+	1/
16.Blood in stools (motions)		7	37.Surgical operation			55. Working at Height		/ _
17.Dental Problem	ÎΠ	7	38.Serious accident / injury		/	Social History		/
18.Piles (Haernorroid)		7	39.Tropical disease			56.Do you smoke?	Ţ	
19.Hemia		7	40.Fear of heights		/	57. History of drug abuse		忕
20. Varicose Veins		/	41. Fear of being enclosed in a small space	<u> </u>	/	58.Do you difink alcohol? If yes, amount per week? 5 (AVS) KER	/	
1.Lump in breast / arm pit			42. Are you currently taking Any medication?		/	59. Have you been medical disembarked from offshore within the past 2 years? If yes, please specify:	1	
						60. Other illness not mentioned above, if yes, please specify:		/
lave any of your family members	suffered	i from	the following?			· · · · · · · · · · · · · · · · · · ·		_
1.Diabetes		$z \Gamma$	64.Heart Disease	\neg	7	67.Hypertension	7	Ŵ
2.Tuberculosis		2	65.Epilepsy	Ţ,	7	68.Stroke	17	
3.Bronchial Asthma	7		66.Cancer	_f		69.Blood Disease	1	

I hereby certify that the above information is correct to the best of my knowledge. I understand that voluntary non-disclosure of any information required above is a breach of PETRONAS fitness to work requirements and may result in disciplinary action against me. I further agree to give consent to the examining medical professionals to disclose the results of this medical questionnaire and associated medical examination details to PETRONAS, Petroleum Arrangement Contractor (PAC) and my Employer for managing all matters related to my Filness to Work Offshore and/or Remote Onshore Worksite.

Signatura

Name

Date:

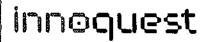
SECTION 2 - FOR USE BY EXAMINING DOCTOR

Note: MPM AME shall enter the FTW Status into MPM E-Reporting System (MySDS) and retained a record for future reference.

ı	EIGHT Meter)			PULSE	VISION	VZ_Dist	aks	@Near C		BLOOD
	اص	(1025)		<u> </u>	Corrected	-			VISION	GROUP
<u> </u>			173	60	Uncorrected	99	30	45 40	~ນ	60 AA
N	Α	DESCRIPTION			MEDICA	AL EXAM	NATION	l - Detail of find	lings	
_	1	1. Eyes & Pupils]、	۔ چھنے	93 ~~	~				
		2. Ear/Nose/Throat								
_	-	Teeth & Gum Mouth								
_	ļ	5. Respiratory			_	_				
	_	Cardiovascular System		Cyrena b	~~~ Q	\mathcal{S}	زہیں	سکنت ت	المحمد ه	5.2.2°
		7. Abdomen	— '	-						
_		Hemial Orifices								
آسد		9. Extremities								
		10. Musculo-skelelal		in all	الحجے دیو	صحر ك	محصر	† † - (≛	## @	بالمأوسا
		11. Skin & Varicose Veins	— "	الم حالك الم حاكة	ل		200		~ J.	
		12. Neurological				•				
_	一	13. Breasts								
	一	14. Anus & Rectum								
7	7	15. Genito-Urinary Systems	-							
		16. Others								
N	A	TEST		<u></u> -	······································	NVESTIC	ATION	FINDINGS		
$\overline{}$	\neg	Complete Blood Count		··· · · · · · · · · · · · · · · · · ·		111123110	-	FINDINGS		
		2. BUSE					_			
7		Serum Creatinine			-					
	7	4. Fasting Serum Lipid	1	<u> </u>	- - 42 +		٠ نار			
4	_	5 Fasting Blood Sugar (HBA1c if indicated)				-				
4		6. Urinalysis							· · · · · · · · · · · · · · · · · · ·	
		 Urine Drugs 								· · ·
-		a. Amphelamine b. Benzorliazenines								
		b. Benzodiazepines c. Cannabis								
-	-	d. MDMA	-							
	- 1	e. Opiates f. Cocaine	-							
1	7	8. Audiometry	12	م ودي الأد	ۍ خدی .	S : 32	34=	· 11=40	~ ob 4	(_ N=
	7	9. Chest X-ray	-		· · · · · · · · · · · · · · · · · · ·					100 m
		10. ECG (40 years and above or clinically	\top							
	ļi	indicated								
_	1	11. Spirometry (if clinically indicated)								
\top	7	2. Others								
- 1		<u> </u>			i 6 mi					- 1



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Courier Run: MI1

Patient Details

UR:

WILLIE TINGAI

MIRI

DOB : 27/03/88 Sex: Male ID No.: 880327526353 Age: 35 Years Collected: 27/02/24 09:00 Ward:

Referred : 27/02/24 Yr Ref.:154210

Doctor Details DR SUBRAMANIAM P L COLUMBIA ASIA HOSPITAL-MIR LOT 1035-1039 JLN BULAN SA CDT 155

MIRI SRW 98009

Lab No.:24-7015543-1

GENERAL SCREENING P.CAPNUA PROFILE

BLOOD BANK

SPECIMEN: BLOOD

BLOOD GROUP

Group: O Rh(D) POSITIVE

HAEMATOLOGY SPECIMEN: WHOLE BLOOD

Haemoglobin			154	a/L	(130-170)
RBC				x 10 ¹² /L	(4.60-6.10)
PCV			0.48	L/L	(0.40-0.50)
MCA			89	fL	(80-100)
мсн			29	pq	(27-32)
MCHC			323		(300-350)
RDW			12.4	8	(11.0-15.0)
White Cell Count			5.8	x 10°/L	(4.0-10.0)
Neutrophils	56	욯	3.3	x 10°/L	(2.0-7.0)
Lymphocytes	34	왐	2.0	x 10°/L	(1.0-4.0)
Monocytes	7	윰	0.4	x 10°/L	(0.2-1.0)
Eosinophils	2	윰	0.12	x 109/L	(0.02-0.50)
Basophils	1	용	0.06	ж 10°/L	(0.00-0.10)
N:L Ratio	1.65				(0.79-3.53)
Platelets			332	x 109/L	(150-410)

CC Drs: SUBRAMANIAM P L.

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Courier Run: MI1

Patient Details

ŪR:

WILLIE TINGAL

MIRI

DOB : 27/03/88 Sex: Male

ID No.: 880327526353 Age: 35 Years Collected: 27/02/24 09:00 Ward: Referred: 27/02/24 Yr Ref.:154210 Doctor Details

DR SUBRAMANIAM P L

COLUMBIA ASIA HOSPITAL-MIR

LOT 1035-1039 JLN BULAN SA

CDT 155

MIRI SRW 98009

Lab No.:24-7015543-I

LIPID STUDIES

Date: 27/02/24 Request: 7015543

Total Chol. 5.1 mmol/L (< 5.2) Triglyceride 0.88 mmol/L (< 1.70) mmol/L (< 1.70) mmol/L (> 1.00) LDL Chol. 3.48 mmol/L (< 2.60) mmol/L (< 3.40)

TChol/HDL Ratio 4.2 (< 5.0)

(Risk factor)

Global Risk Target LDL-C Level Target non-HDL-C Level

Low CV Risk <3.0 <3.8 Moderate CV Risk <2.6 <3.4

High CV Risk <=1.8 and a reduction <=2.6 and a reduction

of >50% from baseline of >50% from baseline Very High CV Risk <=1.4 and a reduction <=2.2 and a reduction

of >50% from baseline >50% from baseline

Recurrent CV events <1.0

within 2 years despite achieving LDL-C target of <1.4mmol/L

Note: CV risk is assessed using the FRS- General CVD Risk Score Https://www.framinghamheartstudy.org/fhs-risk-functions/cardiovascular-disease-10-year-risk/

Reference: 2023 Clinical Practice Guidelines for the Management of Dyslipidemia (6th Edition). Kuala Lumpur: Joint Publication of the Ministry of Health Malaysia, Academy of Medicine Malaysia, Nationa 1 Heart Association of Malaysia.

National Heart Foundation recommends a cholesterol level < 5.1 mmol/L. Ref.ranges for lipids are in accordance with NCEP ATPIII guidelines for optimal lipid levels.

CC Drs: SUBRAMANIAM P L.

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Courier Run: MI1

Patient Details

UR:

WILLIE TINGAL

MIRI

DOB : 27/03/88 Sex: Male

ID No.: 880327526353 Age: 35 Years Collected: 27/02/24 09:00 Ward:

Referred: 27/02/24 %r Ref.:154210

Doctor Details

DR SUBRAMANIAM P L

COLUMBIA ASIA HOSPITAL-MIR

LOT 1035-1039 JIN BULAN SA

CDT 155 MIRI SRW 98009

Lab No.:24-7015543-I

Note: Effective 15/01/2024, changes in Lipids reference cut off.

	<u>SI Units</u>	Conventional Units
Sodium	137 mmol/L (135~145)	137 meg/L (135-145)
Potassium	4.5 mmol/L (3.5-5.1)	4.5 meg/L (3.5-5.1)
Chloride	101 mmol/L (95-110)	101 meg/L (95-110)
Urea	5.4 mmol/L (2.5-8.0)	33 mg/dl (15-48)
Creatinine	91 umol/L (50-116)	1.03 mg/dl (0.57-1.31)
eGFR	97 mL/min/1.73m ²	•
Uric Acid	0.45 mmol/L (0.18-0.47)	7.5 mg/dl $(3.0-7.9)$

An eGFR(CKD-EPI)- Normal ($>=90 \text{ mL/min/1.73 m}^2$) NOTE:

EGFR is NOT VALID for pregnant women, dialysis patients and/or teenagers under 18 years of age.

Result should be interpreted alongside clinical presentation and in reference to KDIGO 2012 CKD Guidelines and the Malaysian Clinical Practice Guidelines for the Management of Chronic Kidney Disease 2nd Edition (2018).

CC Drs: SUBRAMANIAM P L.



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DR SUBRAMANIAM P L

COLUMBIA ASIA HOSPITAL-MIR
LOT 1035-1039 JIN BULAN SA

CDT 155

MIRI SRW 98009

Lab No.:24-7015543-I

SERUM/PLASMA GLUCOSE

Glucose 5.0 mmol/L (3.9 - 6.0)

Specimen collected 0900 h Specimen type Fasting

Interpretation:

Category Fasting Plasma Glucose (mmol/L)

Normal 3.9 - 6.0 IFG (Prediabetes) 6.1 - 6.9 DM >= 7.0

IFG = Impaired Fasting Glucose; DM = Diabetes Mellitus Recommend Oral Glucose Tolerance Test (OGTT) for fasting plasma glucose levels 6.1 - 6.9 mmol/L.

Source: 2020 Clinical Practice Guidelines for the Management of Type 2 Diabetes Mellitus (6th Edition). Kuala Lumpur: Joint Publication of the Ministry of Health Malaysia, Academy of Medicine Malaysia, Malaysian Endocrine & Metabolic Society and Diabetes Malaysia.

CC Drs: SUBRAMANIAM P L.



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Courier Run: MI1

Patient Details

UR:

Doctor Details DR SUBRAMANIAM P L

WILLIE TINGAL

COLUMBIA ASIA HOSPITAL-MIR LOT 1035-1039 JLN BULAN SA

MIRI

CDT 155

DOB : 27/03/88

ID No.: 680327526353 Age: 35 Years

MIRI SRW 98009

Collected: 27/02/24 09:00

Ward:

Referred: 27/02/24 Yr Ref.:154210

Lab No.:24-7015543-I

(Nil)

URINE FEME

Urine Appearance

Leucocytes:

Transparency	Clear		
Colour	Pale Yellow		
CHEMISTRY			

ILLITOTICI	
SG:	
: Ha	

Blood:

Nitrite:

Ketones:

Protein:

Glucose:

Bilirubin:

Urobilinogen

1.020	(1.004-1.030)
6.0	(4.8-7.4)
Nil	(Nil)
Nil	(Nil)
Negative	(Negative)
Nil	(Nil)

MICROSCOPY

Leucocytes	$0 \times 10^{6}/L$	$(<10 \times 10^6/L)$
Erythrocytes	$0 \times 10^{6}/L$	$(< 5 \times 10^6/L)$
Epithelial Cells	Nil	(Nil)

Nil

No casts or crystals seen.

REPORT COMPLETED PLEASE FILE

Tests Requested:

BLOOD GROUP, HAEMATOLOGY GENERAL, LIPID STUDIES, MULTIPLE BIOCHEM ANALYSIS, GLUCOSE, SERUM/PLASMA, GLUCOSE, SERUM/PLASMA, URINE MICRO 10 PARAMETERS

CC Drs: SUBRAMANIAM P L.

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Printed On: 27/02/24 At: 13:22 Run#: 28651 Page#: 5

COLUMBIA ASIA

ONSITE URINE DRUG TEST (Substance Abuse Test Report)

WILLIE TINGAL

MRN: MIRI-0000154210
VIsit No: V0000000001-MIRI Sex: MALE
MYKAD:880327-52-8353
DOB: 27/03/1988 Age: 35Y 11M 0D



Person Tested :					
(Identified using recommended identification document Y N N) Specimen ID: 6831					
Name:	Company:		Contact Number:	Occupation:	Signature:
WILHE TINGAT	SEA LAKE	SHAMA SIB	96-8622107	COORDINATOR	~ 300
Test Kit No: 000759165	Expiry Da	te:171713x	Time of	Callection (12brs of	lock): 10 -276cm
Date of Test: 27/2/20	1 4			resting:	
Time of Retesting:	: sample invalld /	tampered)		n ID:	
Type of test:					
Pre-employment	Γ	With Cause	Post Accide	ent Period	tin [] pandam
Pre-deployment / Mobilis	sation .	-	e specify)Official	L	dic Random
Location of Sample Collection	<u></u>	☑ Inhouse		_	<u></u>
AMRO Collection Officer:		⊸ i	!	ce) <u>CAMM</u>	
	(a till like		MRO / Do	ctor: <u>luheti</u>	
Substances Test For	· · · · · ·		<u> </u>		
Databas (ODV)	·	Negative	e Positive	* A positi	ive screening test
Opiates (OPI)	· · · · · · · · · · · · · · · · · · ·			is conven	tionally declared as GATIVE and needs
Marijuana (THC)				to be seni	t for confirmatory
Amphetamines (AMP)				testing	
Benzodiazepines (BZO)		/		7	
MDMA (Ecstasy)	·	/			
Cocaine (COC)	• "				
Barbiturates (BAR)		<u> </u>			
Phencyclidine (PCP)	,		···		
Propoxyphene (PPX)	<u>,,,</u>				
Methadone (MTD)	٠.				
Others:					
It is confirmed that;	·			- <u>. </u>	
A. The candidate has tested n	egative to all st	ibstances of abu	ıse	(tick).	
3. The candidate is tested pos	sitive (Non-nega	tive for):		(tick).	
Screening tests validated / ver	ifiah iku keg.no-	30718. DOSH Re.	R M Palaniappan g.no HQ/08/DOC/00/3		212024
<u></u>	MP M NO	030, обык ым 1 М.В.В.S. (п	10: OGUK/2020/2812	Date, 2 1((
	Occi	upational सङ्घारिक	Doctor (MIOSH)	_	-

COLUMBIA ASIA HOSPITAL MIRI

Wholly Owned By TRUEPEACE SDN BHD LOT 1035-1039, JALAN BULAN SABIT, CDT 155 085437755085425677

RADIOLOGY REPORT

Name

: WILLIE TINGAI

Age

: 35Y 11M 0D

Sex

: MALE

MRN

: MIRI-0000154210

Visit Number

: V0000000001-MIRI

Date / Time

: 27/02/2024 9:04:59AM

Clinic

.

Ref Doctor

: SUBRAMANIAM A/L R M PALANIAPPAN

PROCEDURE

CHEST PA ERECT

EINDINGS

Normal heart size and shape. Normal pulmonary vessels. No lung or rib lesion. No mediastinum mass.

Visualized bony thorax and diaphragms are normal.

IMPRESSION

Normal chest radiograph.

REPORTED BY

1/2

COLUMBIA ASIA

. . . .

INDUSTRIAL AUDIOLOGICAL EXAMINATION REPORT

MRN: MIRI-0000154210 Visit No: V0000000001-MIRI Sex: MALE MyKAD:880327-52-6353 DOB: 27/03/1988 Age: 35Y 11M 00



WILLIE TINGAL

Name: WILLTE TRAAT	Date: 97/00/2014 Time: 0936 MM
Job Title: ENGINAGI COORDANGOR	Company: SEA LAST SHPFING SPB
DOB: 37-MARCH+1988 Sex: VM F	NIRC/ Passport No. 8827-52-6355
Tel Contact No: HP 06-8600 0 Office	Home
Occupational History	
Type of work/industry Job Title Noise exposu	re Level Date of Employment Audiogram done
10. 10. 10. 10. 10. 10. 10. 10. 10. 10.	Segment in the property of the segment of the segme
Usage of hearing protective devices:	
Constant usage during exposure Partial usage	Not using at all Not provided
Checklist: Tick or check one box for each question	
Yes No	Yes No
	iddiness/Vertigo/Tinnitus
	ar diseases i.e pain/discharges
	revious ENT surgery ecent URTI/sinusitis/air travel
	amily history of deafness
	eep sea diving (occupational/recreational)
If 'Yes' please specify	
Ohalasian Find'	
Otological Findings	
	ear
Normal findings	Normal findings
Abnormal findings	Abnormal findings
(Specify)(Sp	pecify)

MRN: / SCOT D [AUDIOGRAM]			
Audiogram result	Av	erage Hearing T	hreshold
ម្លា db 250 500 1000 2000 4000 8000			
-10 1500 3000 6000 Hz	TW: girls (Creat	0.5, 1, 2 KHZ (m	oan\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
2 0 E 10		· (1.5, 1, 2) KHZ (III	ean)
20 30	Right Ear		26
The second secon	Left Ear		25
§ 60 — — — — — — — — — — — — — — — — — —			
Ē 70 ———————————————————————————————————		2, 3, 4 KHZ (m	ean)
6 80 9 9 9 9 9 9 9 9 9 9		Baseline	Current
100	Right Ear		15
110		Date	Date PAID
	Left Ear	Dute	28.33
DOSH Approval No: HIE 127/4/1-02/10	Leic Lai		
Audiometer (Type) Amplaid A177 Plus Date of calibration: 25/8/2024	<u> </u>	Date	Date 37/2/201
Date of calibration: 5/8/2824			
Conclusion:			
Early NIHL (Not compensable) - Bilateral > 30dB at 4 and/or 6KHZ - Average (1, 2, 3 KHZ)<50dB Proper NIHL (compensable) - Bilateral > 30dB at 4 and/or 6KHZ - Average (1, 2, 3 KHZ)<50dB - Bilateral > 30dB at 4 and/or 6KHZ - Average (1, 2, 3 KHZ)<50dB - Bilateral > 30dB at 4 and/or 6KHZ	Standard thrid at retest after 25dB mean HZ 10dB mean to previous at 20 10 10 10 10 10 10 10 10 10 10 10 10 10	(0.5, 1, 2, 3 KHZ) (2, 3, 4KHZ) deter	table to DOSH) > 30dB and > mination
Security -	,, cloud		
Acknowledgement to examiner: Examiner informed to result and advice on hearing conversation Type of hearing protection recommended (if applicable) Examinee's signature:	n given. ugs Muf	f	
Audiogram performed by: IMER	A.	P	
Audiogram performed by: //PPV Signa Audiogram evaluated by Universal A/L R M Palaniappan AMAC Reg.no-30718, DOSH Reg.no HQ/08/DOC/00/2ate: MPM NO:038, OGUR PIN No: OGUK/2020/2812 M.B.B.S. (INDIA) Occupational Health Doctor (MOSH) Resident Medical Officer Columbia Asia Hospital, Mini	165	SCO	01/MAR19/R2/M Page 2 of 2



KERAJAAN MALAYSIA

GOVERNMENT OF MALAYSIA

Marine Headquarters, Malaysia Marine Department, P.O Box 12, 42007 Port Klang
Tel: 03 - 3346 7777, Fax: 03 - 3168 5289, E-mail: kpgr@marine.gov.my, Website: http://www.marine.gov.my

SIJIL PEMERIKSAAN PERUBATAN

MEDICAL EXAMINATION CERTIFICATE

	11 p. 11	Family Name	Given Nan	ne(s)
1)	Nama pemegang sijil (seperti dalam passport):	TINGAL	WILLIE	
	Name of holder of Certificate (as in passport):	Invan	Milato	
	\sim			
2)	*Jantina/Lelaki// Wanita 3) Warganegara:	MALAYSIA (4)	No. Kad Pelaut:	
	Gender Male Female Nationality:	multin	Seafarer Card No.:	
5)	No. Kad Pengenalan/Passport:	52-6353 6)	Tarikh Lahir (dd/mm/yyyy)	17/03/1988
	Identity Card No/Passport:	AK 0223	Date of Birth:	0 11 01.1 0
7)	Jawatan: MATCO			
	Profession:			
8)	Pengakuan oleh Pengamal Perubatan yang Diiktiraf:			
	Declaration of the Recognized Medical Practitioner:			Vac/Va Na/Tidala
		postancescum disconnection		Yes/Ya No/Tidak
8.1	Pengesahan dokumen pengenalan telah disemak ketika		and the second	
	Confirmation that identification documents were checke	a at the point of examina	nion:	
0.3	Pendengaran menepati piawaian mengikut seksyen A-I/	Vanuanavan STCW 79	cenerti dinindo	
6.2	Hearing meets the standards in section A-1/9 of the STC		seperu dipilida	
	Hearing meets the standards in section A-119 by the STC	70 us umenueu		
0 2	Pendengaran memuaskan tanpa apa-apa bantuan?			
0.5	Unaided hearing satisfactory?			
	Chalaca hearing bandyactory.			
84	Ketajaman penglihatan menepati piawaian mengikut sel	sven A-I/9 Konvensven	STCW 78 seperti dipinda?	
0	Visual acuity meets standards in section A-I/9 of the ST			
	The second secon	With the second		
8.5	Penglihatan warna menepati piawaian mengikut seksyer	A-I/9 Konvensyen STC	CW 78 seperti dipinda?	
	Colour vision meets standards in section A-I/9 of the ST			
	- Tarikh terakhir ujian penglihatan warna:	2/12/2024		
	Date of last colour vision test:	2/10/2001		
		A GARAGE		
8.6	Layak untuk tugas peninjauan?			
	Fit for look-out duties?			
8.7	Tiada had atau sekatan dari aspek kecergasan?			
	No Limitations or restriction on fitness?			
	Jika "Tidak", nyatakan had dan sekatan:			
	If "No", specify limitation or restrictions:			
8.8	Adakah pelaut bebas dari apa-apa keadaan perubatan ya			
	laut atau boleh menyebabkan seseorang pelaut tidak lay		sedemikian atau mungkin	
	membahayakan kesihatan mana-mana orang di atas kap			4-
	Is the seafarer free from any medical condition likely to		e at sea or to render the	
	seafarer unfit for such service or to endanger the other	erson on board?		

Saya mengesahkan bahawa saya telah memeriksa pelaut seperti di atas mengikut standard perubatan dan penglihatan Malaysia I certify that I have examined the above-named seafarer to standards of the medical and eyesight of Malaysia sepertimana dalam Kaedah-Kaedah Perkapalan Saudagar (Pemeriksaan Perubatan) 1999 seperti pindaan, as in the Merchant Shipping (Medical Examination) Rules 1999 as amended, dan didapati beliau *layak atau tidak layak untuk menjalankan tugas pelaut dengan pembatasan-pembatasan berikut: and have found him to be * fit or seafaring subject to the following restrictions:

9)	Kategori Kecergasan Perubatan: Category of Medical Fitness:	A
10)	Tarikh pemeriksaan (dd/mm/yyyy): Date of Examination:	02/12/2024 11) Tarikh luput sijil (dd/mm/yyyy): 01/12/2024 Expiry date of certificate:
12)	Tandatangan pelaut: Signature of seafarer:	
13)	Nama Pengamal perubatan: Name of medical practitioner:	Dr. Cheu Teck Ceng (MMC 80240) Klinik Dr Cheu Sdn Bhd (666433-D) Suite 1.05, Lot 3608, Ground Floor, Stirling. Lorong Jee Fon 4, Off Jalam Bulam Sabit,
14)	Tandatangan pegamal perubatan: Signature of medical practitioner:	98000 Mirl, Sarawak. Tel: 085-438 088 11/P: 016-339 8068 Emoil: jaffrey.cheutc@gmail.com
15)	Pendaftaran MMC: MMC Registration:	16) Cop rasmi: Official Stamp:

- This certificate is issued by the Government of Malaysia in compliance with the requirements of Title 1.Regulation 1.2 under Maritime Labour Convention (2006)
- The maximum validity of this certificate is only two (2) years

^{*}strikethrough whichever not applicable

PCSB PTW Level 1 Assessment

Total points 27/30

PCSB PTW Level 1 Assessment to be used during the UHSE LMS unavailability period ONLY.

Total Question - 30 Questions Minimum Passing Marks - 85% (26 Points)

Please screenshot the passed assessment mark, email, full name, date and IC number as proof of completion for CCC application.

This form only accepts Gmail (eg. abc@gmail.com) or personal company email (e.g. amar@company.com.my)

Email *

chergreaveswillie@gmail.com

0 of 0 points

First Name *

WILLIE

Last Name *

TINGA

IC/Passport (For IC, use format - yyMMdd-##-####) *

880327-52-6353

Assessment Date *

MM DD YYYY

03 / 19 / 2024

Nationality *

MALAYSIA



OSP20240011633

OFFSHORE SAFETY PASSPORT







WILLIE TINGAI 880327526353

*Scan the QR Code for OSP details.

Offshore Safety Passport Validity Date 27 Feb 2025

MEDICAL 27 Feb 2025 Tropical BOSIET With CA EBS And Travel Safety By Boat 7 Mar 2027



REF NO - CCC20240011445

REF NO - CCC20240011445

PETRONAS COMPETENCY CARD

LIST OF COMPETENCY TRAINING

exp. date

PCSB PTW LEVEL 1 AWARENESS (CONTRACTORS)

19.3.2027





WILLIE TINGAI 880327526353 BARGE ADMIN

*Scan the QR Code for CCC details.

APPROVED BY	KASAWARI PROJECT
CONTRACT NO.	CHO/2018/DKS/1001
COMPANY NAME	MALAYSIA MARINE θ HEAVY ENG (MMHE)

COMPETENCY CARD EXPIRY DATE

21 Mar 2026

Contractor Competency Card expiry is subjected to the earliest of training certificate

VALID FOR APPLICATION AT PETRONAS FACILITIES ONLY



MALAYSIA SEAFARERS' IDENTITY DOCUMENT



Full Name
WILLIE TINGAL

Nationality MALAYSIA

Date of Birth 27/03/1988

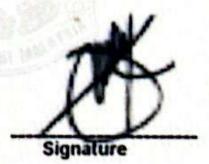
Date of Issue 03/12/2024

Place of Issue MIRI Special Character NIL Personal ID No 880327526353

Place of Birth SARAWAK

Date of Expiry 02/12/2029

Sex M



SID no. 202474033297



10153119

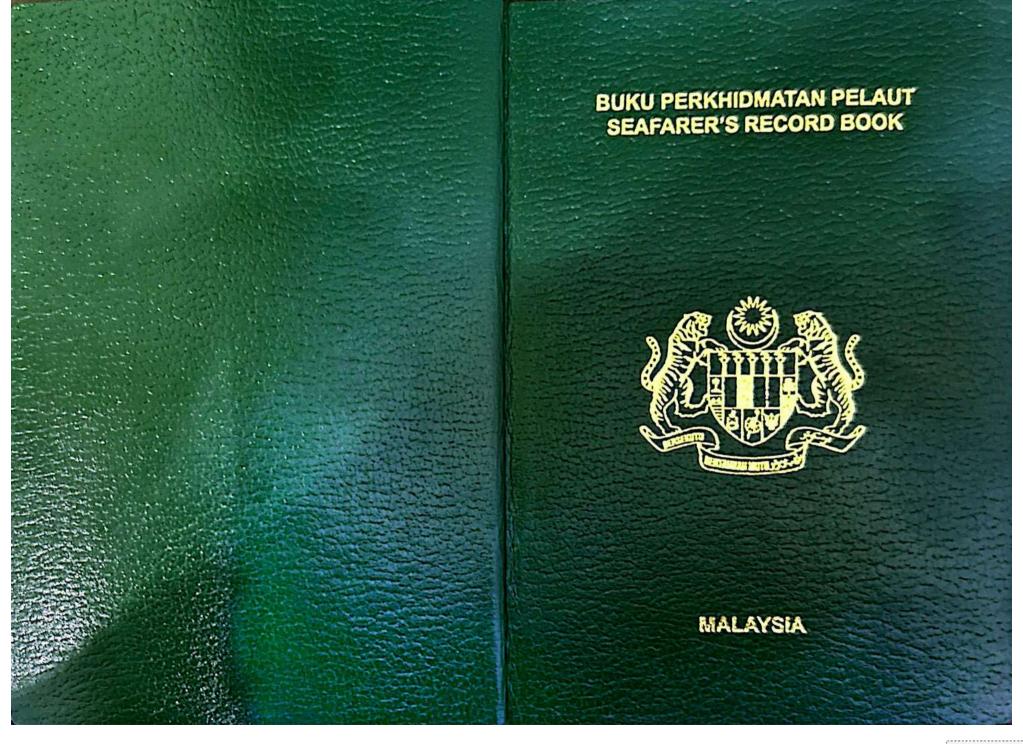


Marine Department of Malaysia, P.O Box 12, 42007 Port Klang, Selangor, Malaysia Tel: +603-33467777, Fax: +603-31685289, Email: kpgr@marine.gov.my

This document is a seafarers' identity document for the purpose of the Seafarers' Identity Documents Convention (Revised), 2003, of the International Labour Organization. This document is a stand-alone document and not a passport.

ISMYS10153119<7202474033297<<< 8803274M2912028MYS<<<<<<<<





NOTIS (NOTICE)

Semua catatan di dalam Buku Perkhidmatan Pelaut ini hendaklah disahkan dengan sempurna oleh Pegawai Pelabuhan atau oleh Pegawai Konsular.

Sebarang bentuk pemalsuan, penipuan atau penyalahgunaan adalah suatu kesalahan yang boleh didakwa di Seksyen 78, Ordinan Perkapalan Saudagar 1952.

All entries in this Seafarer's Record Book shall be properly endorsed by a Port Officer or by a Consular Officer.

Any kind of forgery, fraud or false representation is an indictable offence under Section 78, Merchant Shipping Ordinance 1952.

NO. SIRI / SERIAL NO .: 179814

MUSTAHAK

- Buku ini adalah hakmilik Jabatan Laut Malaysia dan boleh dibatalkan atau ditarik balik pada bila-bila masa. Butiran pelaut di dalam buku ini tidak boleh dipinda, melainkan oleh pegawaipegawai di Jabatan Laut Malaysia.
- Jika Buku ini dimiliki oleh sesiapa yang tidak berhak memilikinya, buku ini hendaklah diserahkan kepada Pegawai Pelabuhan atau Pegawai Konsular atau dihantar terus kepada Ibu Pejabat Laut, Peti Surat 12, 42007 Pelabuhan Klang, Malaysia.

IMPORTANT

- This book is the property of Marine Department Malaysia and may be cancelled or withdrawn at any time. Particulars in this book shall not be altered, except by the officers of Malaysia Marine Department.
- Should this book come into the possession of any person to whom it does not belong, it shall be handed to the Port Officer or Consular Officer or directly transmitted to the Malaysia Marine Department Headquarters, P.O. Box 12, 42007 Port Klang, Malaysia.



MAKLUMAT (SEAFARER

PELAUT INFORMATION)

MAKLUMAT WARIS

MAKLUMAT PELAUT (SEAFARER INFORMATION)

WILLIE TINGAL (NAME)

NO. PELAUT (SEAFARER NO.)

202474033297

NO. KAD PENGENALA 880327526353 (NRIC NO.)

NO PASSPORT: (PASSPORT NO.)

ALAMAT: (ADDRESS) LOT 11869

LORONG BUDAYA 2D TAMAN JELITA TAMAN TUNKU

98000 MIRI SARAWAK

TARIKH DAN TEMPAT LAHIR: (PLACE AND DATE OF BIRTH) 27/03/1988

SARAWAK

NO. TEL (TEL NO.)

0168622101

NAMA: SON TINGAL (NAME)

(NEXT OF KIN INFORMATION)

HUBUNGAN: (RELATIONSHIP)

BROTHER

ALAMAT JIKA LAIN DARI PEMEGANG: (ADDRESS IF DIFFERENT FROM HOLDER)

> LOT 11869 LORONG BUDAYA 2D TAMAN JELITA TAMAN TUNK 98000 MIRI SARAWAK



Gertificate of Accognition

In Recognition of Outstanding Contribution to the

MMIM



This certificate is awarded to

WILLIE TINGAI (IC: 880327-52-6353)

MATERIAL COORDINATOR / BARGE ADMINISTRATION

MALAYSIA MARINE & HEAVY ENGINEERING [MMHE]

successful completion of the HOOK UP COMMISSIONING FOR EPCIC OF KASAWARI GAS DEVELOPMENT PROJECT. Their commitment to excellence, teamwork, and for their exceptional dedication, hard work, and significant contributions to the professionalism has been invaluable to the project's success

Yours faithfully,

NAME: WAHYUDI BIN YUSUF

POSITION: OFFSHORE TEAM LEADER COMPANY: MMHE SDN BHD

Yours faithfully,

NAME: MOHD RODHI BIN BAKAR

hund on the Is al

POSITION: COMPANY SITE REPRESENTATIVE

COMPANY: PETRONAS CARIGALI SON BHD







WATJKAH PERLANTJKAN

Adalah Dengan Dni Dianugerahkan Sijil Dni Kepada

> WILLIE TINGAI BA08110188

Kerana Telah Dilantik Sebagai

AJK SUKAN KONTO

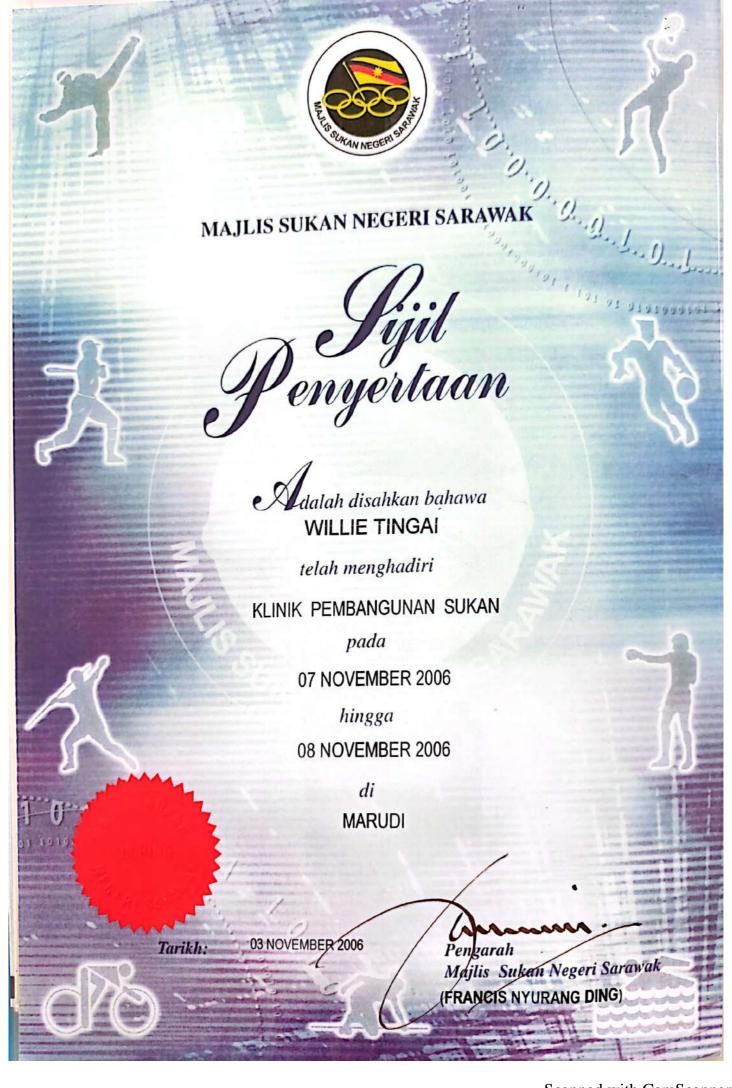
TAMU GADANG KE-12 UNIVERSITI MALAYSIA SABAH

Ujang Berlangsung Pada 5-12 Oktober 2010 "BERTEKAD CEMERLANG"



PROF. MADYA DR. HJ KASIM HJ MD. MANSUR Timbalan Naib Canselor (HEPA)

Universiti Malaysia Sabah







JABATAN LAUT WILAYAH SARAWAK

Sijil Penyertaan

Dengan ini mengesahkan

Willie Tingai

Telah menghadiri

KURSUS PEMANTAPAN SISTEM DOKUMEN PELAUT (SDPx)

Pada

20 MAC 2012

Bertempat di

MEGA HOTEL, MIRI

[HJ. ZAHIDIN BIN HJ. DOR]
Pengarah Laut Wilayah Sarawak





001/04/KDTPOL/TDLJ

Tarikh:



SMK TEMENGGONG DATUK LAWAI JAU LONG SAN, BARAM

Sijil Kokurikulum

Dengan ini diakui bahawa

WII	LIE TINGAI	
2002	kegiatan kokurikulum seperti berikut 2004 hingga tahun	
uuri tunun		
Kegiatan	Jawatan	
KADET POLIS	PRESIDEN	
(DI Mai.	(3-	
surgey) or		
PENYELARAS KOKURIKULU		
	COP SEKOLAH: ANALY	
25. 09. 2004	19/ VEN 4301 7	







SMK TEMENGGONG DATUK LAWAI JAU LONG SAN, BARAM

Sijil Kokurikulum

Dengan ini diakui bahawa

WILLIE TINGAI

dari tahun	hingga tahun	2003
Kegiatan	Jawatan	
Catatan: Persatuan K	ladet Polis	Komander









Bil 38 / TDLJ / SK / 02



SMK TEMENGGONG DATUK LAWAI JAU LONG SAN, BARAM

Sijil Kokurikulum

Dengan ini diakui bahawa

WI	LIJE TINGAI	
telah menyertai kegiatan-i dari tahun 2002		
Kegiatan	Jawatan	
KADET POLIS	BENDAHARI	
Catatan: AKTIF DAN BERTA		
THIII AND LICENSE	(AE IUSAD.	

GURU PENYELARAS KOKURIKULUM

Tarikh: 05 OKT 2002







SEKOLAH MENENGAH KEBANGSAAN MARUDI

Sijil Perakuan Kokurikulum

Adalah dengan ini diakui bahawa

Willie Tingai (880327-52-6353)

telah menyertai aktiviti kokurikulum seperti berikut:

- 1. Pengawas Sekolah sesi 2006 2007.
- AJK Kem Kepimpinan Pengawas (Fasilitator) tahun 2007.
- 3. Pengerusi Kelab Olahraga tahun 2007.
- 4. Ahli biasa Kelab SLAD tahun 2007.
- 5. Ahli biasa Kelab Bola Tampar tahun 2006 2007.
- 6. Menyertai larian Saberkas Peringkat Negeri Sarawak tahun 2007.
- Menyertai Merentas Desa Peringkat Sekolah tahun 2007.
- Menyertai larian Kemerdekaan / larian obor tahun 2006.
- Mewakili Sekolah dalam kejohanan MSSM tahun 2007.
- 10. Mewakili Bahagian Miri dalam kejohanan MSS Sarawak ke Sarikei tahun 2007.
- 11. Mewakili Bahagian Miri dalam Projek Sprint tahun 2007.
- 12. Menyertai pertandingan Bola Tampar Liga Sukan Komuniti Marudi tahun 2007.
- 13. Pertandingan Senam aerobik anjuran Saberkas Peringkat Negeri Sarawak tahun 2007.

(SOLIMENT NYIAN) ASP Pegawai Penriasat Kanan 1 Jabatan Sisistan Jenayah Ibunejabat Pulis Daerah Miri

Pengetua SMK Marudi Baram, Sarawak

Tarikh: 20.06.2008