

PROFESSIONAL RESUME

Name, Contact Details and Position Applied

Full Name : Muhammad Farid Bin Mat Zin
Home Address : No. 18, Jalan Lili 4, 47000,
Saujana Utama, Sungai Buloh
H/P and House Number : +6012-465 7677 / +603-6206 1012
Email Address : farid_concepcion92@yahoo.com
Position Applied : **State Registered Nurse (SRN)**



Personal Particulars and Preferences

| | | | |
|-------------------------|----------------------------|----------------|---------------|
| I/C Number | : 920926-08-6111 | Gender | : Male |
| Date of Birth | : 26 September 1992 | Age | : 30 |
| Live At | : Kuala Lumpur, Jalan Duta | Religion | : Muslim |
| Hometown | : Perak, Taiping | Nationality | : Malaysian |
| Hobbies | : Badminton & Swimming | Race | : Malay |
| Possess Own Transport | : Yes (License D) | Marital Status | : Single |
| Expected Monthly Salary | : RM 4800 | Notice Period | : Immediately |

Educational Background (From above, is the highest to lowest)

I. Diploma in Nursing (May 2010 - May 2013)

- Major : Faculty of Health Science (Nursing)
- Institute/University : Kuala Lumpur Metropolitan University College (KLMUC)

II. Sijil Pelajaran Malaysia (SPM) (2009)

- Major : Human Science
- Institute/University : SMK Kiaramas

III. Penilaian Menengah Rendah (PMR) (2007)

- Institute/University : SMK Kiaramas

Practical Experience in Various Government Hospital

- Semester 1 : Hospital Jasin, Melaka (3 Weeks) 2010
- Semester 2 : Hospital Alor Gajah, Melaka (4 Weeks) 2011
- Semester 3 : Hospital Pulau Pinang, Pulau Pinang (5 Weeks) 2011
- Semester 4 : Hospital Dungun, Terengganu (4 Weeks) 2012
- Semester 5 : Klinik Desa Kampung Gajah (2 Weeks), Hospital Sultan Ismail Johor Bahru (2 Weeks), and Hospital Jasin Melaka (4 Weeks) 2012-2013
- Semester 6 : Hospital Pulau Pinang, Pulau Pinang (8 Weeks) 2013

Practical Experience According to Department**I. Multidisciplinary Ward's**

- Medical Surgical Ward
- Orthopedic Ward
- Pediatric Ward
- Obstetrics and Gynecology Ward (O&G Ward)
- Dialysis Ward
- Oncology Ward
- Psychiatric Ward

II. Specialist Clinic's

- Ear, Nose, Throat and Ophthalmology (ENT Clinics)
- Community Clinics (Maternity and Child Health Care Clinics)

III. Specialize Unit Department

- Delivery Ward (Maternity)
- Accident and Emergency Department (A&E Department)
- Operating Theater Department (OR Department)

IV. Visitation to the other Department

- CSSD Room (Control Sterile Supply Department)
- Nuclear Ward (Chemotherapy Drugs, Imaging Studies)
- Medical Laboratory Unit (Histopathology, Microbiology and Culture & Sensitivity Lab)
- Blood Bank Department

Summary of Credit Hours and Practical Experiences

| | |
|-----------------------------------------------------------------|-------------------------------|
| I. Total Practical Experiences (6 Semester) | : 8 Months (2010-2013) |
| II. Total Credit Hours (6 Semester inclusive Practical Session) | : 104 / 104 |

Nursing Course References

(Diploma in Nursing)

Mr. Raja Mohan S/O Subramaniam

Deputy Registrar

Faculty of Health Sciences, (KLMUC)

Address : School of Nursing,
Block E, 51-G, Platinum Walk,
No. 2, Jalan Langkawi,
53300, Setapak,
Kuala Lumpur, Malaysia

Tel : 03-26942300

Fax : 03-26910400

Email : feedback@cosmopoint.com.my

Mdm. Ruslaili Binti Yusof

Academic Manager

Faculty of Health Sciences, (KLMUC)

Address : School of Nursing,
Block E, 51-G, Platinum Walk,
No. 2, Jalan Langkawi,
53300, Setapak,
Kuala Lumpur, Malaysia

Tel : 03-26942300

Fax : 03-26910400

Email : feedback@cosmopoint.com.my

Skills and Language Abilities

Skills Proficiency

- **Advanced** : Highly experienced.
- **Intermediate** : Familiar with all the basic functionalities.
- **Beginner** : Just started using or learning the skill.

| Skills | Years | Proficiency |
|---------------------------------------------------------------------------------------------------------------------------|-------|--------------|
| Computer Skill (Microsoft office e.g. PowerPoint, Word, Excel, Publisher and Outlook Troubleshooting (Phone and Computer) | 9 | Advanced |
| Drawing | 7 | Intermediate |

Languages Abilities

[1-3]= Poor, [4-5]= Average, [6-7]= Good, [8-10]= Excellent

| Language | Written | Reading | Spoken |
|----------------|---------|---------|--------|
| Bahasa (Malay) | 10 | 10 | 10 |
| English | 8 | 10 | 7 |

Special Skills and Abilities

- Able to work under pressure and meets the tight deadline.
- Independent, understanding and self-motivated during nursing care is practices to the patient.
- Work well as an individual or group, hard worker and a good team player.
- Very comfortable in speaking and working with individual or group, able to accept responsibility and budget time efficiently, enjoy interacting with various people, willing to adjust in many different situations.
- Able to work with minimum supervision from senior staff during nursing care is given.
- Provide a optimum nursing care to the patient by following step by step of each procedure during treatment.
- Completing the task given by a doctor or a team leader with efficiently and correctly.
- Maintaining good rapport with the patient before, during and after surgery has been done.
- Responsible in maintaining aseptic techniques during surgery and procedure is undergoing and able to gives fully attention for a lengthy of period during surgery and procedure.
- Able to react efficiently in any medical emergency encountered at anytime and giving a clear instruction to any other colleague involved.
- Interested and enjoying in teaching and guiding junior staff in department if necessary.

Appreciations, Certificates and Awards (From above, is the latest to oldest)

I. Hospital Recognitions

- Privileging For Apheresis Procedure of Pantai Hospital Kuala Lumpur (2020)
- Appreciation from Pantai Hospital Kuala Lumpur for attending Infection Control Workshop (2017)
- Certificate from Pantai Hospital Kuala Lumpur for participation in Service Excellent Program (SEP) (2017)
- Certificate from Hospital Serdang for attending National Acute Myocardial Infarction Course (NAMIC) (2017)
- Appreciation from Pantai Hospital Kuala Lumpur for attending Communication Workshop (2017)
- Certificate from Malaysia Cardiovascular Intervention Symposium Conference (My Life) by Malaysia Cardiovascular Association (MCA) (2017)
- Certificate from American Heart of Association (AHA) for attending Basic Life Support (BLS) by Hospital Pantai Kuala Lumpur (2016)
- Appreciation from Pantai Hospital Kuala Lumpur for attending Safe Medication Practice for Adult and Pediatric (2016)
- Certificate of Privileging in Operating Theatre from Pantai Hospital Kuala Lumpur (2015)
- Appreciation from Pantai Hospital Kuala Lumpur for participation in Health Camp Services (June 2015)
- Appreciation from Pantai Hospital Kuala Lumpur for participation in the Nurses Day (2015)
- Appreciation from Pantai Hospital Kuala Lumpur for attending IV Workshop Course (2014)
- Appreciation from Pantai Hospital Kuala Lumpur for participation in Health Camp Services (November 2014)
- Certificate from American Heart of Association (AHA) for attending Basic Life Support (BLS) by Hospital Pantai Kuala Lumpur (2014)
- Certificate from Pantai Hospital Kuala Lumpur for participation in Service Excellent Program (SEP) (2014)

II. College Recognitions

- Certificate from KLMUC of Appreciation for Participation in the Nurses Day (2013)
- Certificate from KLMUC for Attending BLS class (Basic Life Support) (2013)

Employments History (From above, is the oldest to latest)

I) Pantai Hospital Kuala Lumpur (PHKL)

| | |
|-------------------|------------------------------------------------------------------|
| Company Names | : Pantai Hospital Kuala Lumpur (PHKL) |
| Specialization | : Healthcare |
| Working Period | : 2014 - 2018 |
| Position Title | : Staff Nurse I (Operating Room Department) (Permanent Position) |
| Monthly Salary | : RM 2480.00 (Basic Salary + Fixed Allowances) |
| Working Location | : No. 8, Jalan Bukit Pantai |
| Reason of Leaving | : Interest in Cardiac Cath Lab |

Experiences and Responsibilities

- In-charged of Endoscopic System in OR.
- Working as a Reception nurse, Recovery nurse (Recovery Bay), Scrub nurse or in CSSD department depends on Nurse managers order.
- Doing stock-take (store in department) every 6 month on rotational as instruct by manager.
- Prepare and assist Anesthetist for Epidural, Kenacort Injection, Lumbar Puncture, insertion of Central Venous Line (CVL), Intubating and Extubate patient as well.
- Handling various of equipment in OR and familiar with it such as PCA Machine, OR Table with accessory, Tourniquet Machine, Blood Warmer, Power Drills used for surgery, Positioning of patient according to the surgery site, Microscopes, Consignment Item, GA Machines, Camera and Endoscopic System for Laparoscopic or Arthroscopy, Dilution of Rapicide's, and Diathermy Machines.
- Doing census rotational as directed by Nurse Manager.
- Assist Nurse manager doing paperwork if necessary, completed it and report directly to her.
- Faces with emergency cases such as LSCS, appendectomy or trauma injury with efficiently.
- Maintain all equipment and sterile items is in order, cleanliness of each Operation room, Treatment room, Microscope room, expiry date is monitored in OR Store and CSSD as well.
- Monitor and records DDA drugs used by a Doctors.
- Charges patient according to the items, instruments and medication used for patient in operation theatre.
- Prepare Operation room, instrument sets, drapes and other equipment's if necessary before surgery begins.
- Washes carefully of each instrument sets used after surgery and passing to CSSD staff accordingly afterwards.
- Documentation and passing over report effectively to other nurses.
- Passing over reports to other nurses when changing of duty shift.
- Experienced of scrubbing for general surgery laparotomy, urology, laparoscopy, general cases, gynae cases and some orthopedic cases as well.

II) Pantai Hospital Kuala Lumpur (PHKL)

Company Names : Pantai Hospital Kuala Lumpur (PHKL)
Specialization : Healthcare
Working Period : 2018 - 2019
Position Title : Staff Nurse II (Catheterization Laboratory) (Permanent Position)
Monthly Salary : RM 2830.00 (Basic Salary + Fixed Allowances)
Working Location : No. 8, Jalan Bukit Pantai
Reason for Leaving : Pursue interest in Cardiac Cath Lab

Experiences and Responsibilities

- Be able to assist in circulate and scrub cardiac catheterization and electrophysiology procedures.
- Assist in other procedures both diagnostic and interventional in nature like angioplasties, implants pacemakers and diagnoses cardiac conditions.
- Be able to administer and monitor patient sedation to moderate levels.
- Monitor and annotate patient vital signs records. Monitor for signs of infections or procedural side effects.
- Be prepared to provide emergency intervention if patients experience bleeding or serious side effects from the procedure. Administer patient medications.
- Update patient charting according to clinic and professional best practice.
- Manage and communicate regarding pre-procedure patient preparation.
- Manage and communicate about post procedure processes including recovery.
- Manage administrative aspects of cardiac catheterization and electrophysiology patients.
- Assist with the organization and administration of other areas of the clinic during down times.
- Provide instruction to patients and families before discharge regarding medication, lifestyle, activities and care of the surgical site.
- Experience in using complex system such as IVUS, OCT, IABP or Rotablator during procedure or when needed by Cardiologist.

Experience of Procedure in Catheterization Laboratory

Cardiology: Coronary Angiogram, Electrophysiology Study (EP Study), Angioplasty, Pacemaker Insertion, Implantable Cardioverter Defibrillator (ICD)

Vascular: Fistulogram

Radiology: Cerebral Angiogram, Cerebral Coiling, TACE, Renal and Kidney Stenting (Circulating Nurse)

Pain Management: Caudal Epidurolysis via RF, PIP Injection of Knee

III) MAA Medicare Charitable Foundation

Company Names : MAA Medicare Charitable Foundation
Specialization : Healthcare and Charities
Working Period : 2019 - 2020
Position Title : Medical Executives (Cardiac Diagnostic and Treatment Centre)
(Permanent Position)
Monthly Salary : RM 3200.00 (Basic Salary + Fixed Allowance)
Working Location : No. 183, Jalan Ipoh
Reason for Leaving : Too low census (no experienced to gain)

Experiences and Responsibilities

- In-charged equipment in Cath Lab.
- Working as a reception nurse, recovery nurse (recovery bay), scrub nurse, CSSD and daycare ward depends on nurse managers order.
- Doing stock-take (store in department) every 6 month on rotational as instruct by manager.
- Doing census rotational as directed by Nurse Manager.
- Assist Nurse manager doing paperwork if necessary, completed it and report directly to her.
- Maintain all equipment and sterile items is in order, cleanliness of department, treatment room, checking on expiry date as well.
- Monitor and records DDA drugs used by a Doctors.
- Charges patient according to the items, instruments and medication used for the patient.
- Documentation and passing over report effectively to other nurses.
- Helping the dialysis team if needed, by doing cannulation, priming the machine, daily report, hourly observation, other related task if required by manager incharge.

Experience of Procedure in Catheterization Laboratory

Cardiology: Coronary Angiogram

IV) Pantai Hospital Kuala Lumpur (PHKL)

Company Names : Pantai Hospital Kuala Lumpur (PHKL)
Specialization : Healthcare
Working Period : 2020 - 2021
Position Title : Staff Nurse II (Central Diagnostic Daycare) (Permanent Position)
Monthly Salary : RM 3010.00 (Basic Salary + Fixed Allowances)
Working Location : No. 8, Jalan Bukit Pantai
Reason for Leaving : Shifted house to Sungai Buloh

Experiences and Responsibilities

- Being a team leader and delegate staffing accordingly to the task.
- Assist in daycare surgery procedure such as Endovenous Leg Laser Surgery, Exc of cyst, Secondary Suturing, Bone Marrow Aspiration, AVF or BCF Fistula, Removal of Permcath, IJC, Insertion, removal of chemoport, pain management steroid injection, and Lumbar puncture.
- Administer and monitor patient sedation and report for any abnormality.
- Monitor and annotate patient vital signs records. Monitor for signs of infections or procedural side effects.
- Be prepared to provide emergency intervention if patients experience bleeding or serious side effects from the procedure.
- Update patient charting according to clinic and professional best practice.
- Manage and communicate regarding pre-procedure patient preparation.
- Manage and communicate about post procedure processes including recovery.
- Managing admission, and discharge of a patient competently.
- Assist with the organization and administration of other areas of the clinic during down times.
- Provide instruction to patients and families before discharge regarding medication, lifestyle, activities and care of the surgical site.
- Checking on DDA daily and keep it tally all the time.
- Managing various cases in daycare ward such as Blood transfusion management, infusion of medication, post surgery patient, post biopsy patient and helping urologist during lithotripsy procedure and monitoring patient.
- Capable of inserting cannulation and blood taking, checking and labelling precisely.
- Manage day to day nurses duty in the ward, communicating with the consultant when necessary and conduct training to the graduate nurse as well.
- Doing census monthly according to task given, and monitoring the stock take every year and in charge for medical and surgical item in the ward.
- Attend special training at Hospital Ampang for a month for the apheresis procedure and capable of doing with no supervision, and conduct a training or other nurses as well.
- Hand over patient to the next shift effectively, and transfer patient to the other departments according to the SOP of the hospital.
- Checking on E-trolley routinely before and end of shift, and familiar with the defibrillator machine and responsible for educate other staff of using it.
- Helping nurse manager any given task and complete it within the dateline given.

V) BP Specialist Centre

Company Names : BP Specialist Centre
Specialization : Health Screening Centre
Working Period : 2022 till Present
Position Title : Senior Staff Nurse (Permanent Position)
Monthly Salary : RM 4500.00 (Basic Salary)
Working Location : No. 17,19&21 Jalan, Lorong Medan Tuanku 2
Reason for Leaving : To be working in hospital settings

Experiences and Responsibilities

- Being a team leader and delegate staffing accordingly to the task.
- Assist in daycare surgery procedure such as minor surgery, OGDS and Colonoscopy cases.
- Monitor and annotate patient vital signs records. Monitor for signs of infections or procedural side effects.
- Be prepared to provide emergency intervention if patients experience bleeding or serious side effects from the procedure.
- Update patient charting according to clinic and professional best practice.
- Manage and communicate regarding pre-procedure patient preparation.
- Manage and communicate about post procedure processes including recovery.
- Managing admission, and discharge of a patient competently.
- Assist with the organization and administration of other areas of the clinic during down times.
- Provide instruction to patients and families before discharge regarding medication, lifestyle, activities and care of the surgical site.
- Checking on DDA daily and keep it tally all the time.
- Capable of inserting cannulation and blood taking, checking and labelling precisely.
- Manage day to day nurses duty in the ward, communicating with the consultant when necessary and conduct training to the graduate nurse as well.
- Doing census monthly according to task given, and monitoring the stock take every year and in charge for medical and surgical item in the ward.
- Checking on E-trolley routinely before and end of shift, and familiar with the defibrillator machine and responsible for educate other staff of using it.
- Handling other departments when necessary from specialist clinic to health screening center and radiology department.

Employment References

I. Pantai Hospital Kuala Lumpur (PHKL)

Ku Marzunita

Assistant Nurse Manager
(Daycare Department)

Address : No. 8, Pantai Hospital Kuala Lumpur (PHKL), Jalan Bukit Pantai, 59100, Kuala Lumpur

Contact : 03-22960888

Email : ku.marzunita@parkwaypantai.com

II. MAA Medicare Charitable Foundation

Bernard Low

Assistant Vice President (Finance)

Address : No. 183, Jalan Ipoh, 51200, Wilayah Persekutuan, Kuala Lumpur

Contact : 03-40444468

Email : bernardlow@maamedicare.org

II. BP Specialist Centre

Ms. Norasikin

Manager

Address : No. 17, 19& 21Jalan, Lorong Medan Tuanku 2, 50300 Kuala Lumpur

Contact : 03-78030992

Email : www.bphealthcare.com